

Books and Teaching Aids

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Durbin and TALC

TALC (Teaching Aids at Low Cost) is a UK charity with an established reputation in the supply of high quality and appropriate health-related books and teaching aids to the developing world at affordable prices.

TALC books and other products are available through Durbin at the TALC catalogue list price*. This supplements our list of low-cost books from WHO, Martindale and other sources.

All books are in English unless otherwise stated.

*may be subject to a packing and carriage charge

9.1 General medical and nursing

	Order code
<p>A Pocket Book for Safer IV Therapy (Drugs, Giving Sets and Infusion Pumps) M Pickstone ed. (1999)</p> <p>This pocket book gives practical information on the calculation of drug doses, making up of drug solutions and selecting appropriate infusion equipment.</p>	EI134L
<p>Anatomy and Physiology for Nurses R Watson (2005)</p> <p>Comprehensive and clear book on anatomy and physiology for nurses and allied health students. This book shows how to understand the structure and function of the body and how to relate this knowledge to the care of the patient.</p>	B/APN
<p>Baillieres Nurses Dictionary (24th edition) 2005 Essential pocket reference for everyone involved in nursing and healthcare. Fully updated and revised to address the changing world of nursing and health services. Contains a new appendix on clinical supervision and clinical governance and an updated section on nurse prescribing and community care.</p>	B/DNURSE
<p>Common Medical Problems in the Tropics CR Schull (1999)</p> <p>A comprehensive and practical handbook for medical and nursing staff, concentrating mainly on adult medical conditions.</p>	B/CMP
<p>Essential Nursing Skills (2nd edition) M Nicol, C Bavin, S Bedford-Turner, P Cronin & K Rawlings-Anderson (2003)</p> <p>Manual of skills that are essential to nursing with hints, suggestion and explanation to ensure successful performance. Covers essential skills and procedures.</p>	B/ENS
<p>Eye Diseases in Hot Climates (4th edition) J Sandford-Smith (2004)</p> <p>Covers a whole range of eye diseases, providing a practical guide for healthworkers, doctors or medical assistants. Contains new chapters on practical refraction, HIV/AIDS and the eye, and children's eye diseases.</p>	B/EDHC
<p>Mansons Tropical Diseases (21st edition).....</p>	B/MTD
<p>Manual of Diagnostic Ultrasound PES Palmer ed. (1995)</p> <p>Provides guidance on the use of ultrasound in the diagnosis of a wide variety of common conditions at the primary and first referral levels of health care. Suitable for use by doctors, sonographers, nurses and midwives with basic training in ultrasound.</p>	EI408L
<p>Nursing Care of the Sick: A Guide for Nurses Working in Small Rural Hospitals. WHO Regional Office, Western Pacific Education in Action Series No.12 (1998)</p> <p>Practical guide, specially written for nurses working with limited resources in small rural hospitals or health centres. The focus is on basic care of the sick and injured.</p>	EI473P

	Order code
<p>Oxford Handbook of Clinical Medicine (7th edition) 2007</p> <p>Pocket handbook offering practical clinical advice for use in the ward/clinic and at the bedside by medical students and junior doctors.</p>	B/OHCM
<p>Oxford Handbook of Tropical Medicine (3rd edition) 2008</p> <p>A comprehensive and compact handbook for diagnosis and treatment of tropical diseases and other common conditions. Based on WHO recommended management guidelines.</p>	B/OHTM
<p>Pattern recognition in diagnostic imaging</p> <p>WHO (2001)</p> <p>This book focuses on how to perform and interpret X-ray examinations. It provides images of common pathologies seen in many developing countries in a pattern format. These include chest, musculoskeletal, gastrointestinal and urinary tract patterns. The book, which is fully illustrated both with X-ray images and drawings will be useful to radiographers and radiological technologists, and will also prove valuable for other medical professionals working with X-rays.</p>	EI413P
<p>Refugee Health</p> <p>MSF (1997)</p> <p>Practical operational guide for relief workers dealing with a wide variety of health issues in refugee programmes. Ten priorities are identified for implementation in the acute phase of emergencies. Also discussed are priorities for the post emergency and repatriation phases.</p>	B/RH
<p>Systems Structures (2nd edition) 2005</p> <p>Anatomical Chart Company. This book comprises 35 anatomical colour digitally enhanced charts. Every major system and various organs structures have been covered to provide the most complete collection of charts on the human body. Desk-sized format makes this collection handy for the study of human anatomy, patient consultation and quick reference.</p>	B/SS
<p>Tropical Medicine and Parasitology (6th edition)</p> <p>W Peters, G Pasool (2002)</p> <p>Combines over 1 100 illustrations, nearly all in colour and authoritative text covering the clinical diagnosis, pathology and ecology of all recognised tropical and parasitic diseases. Each chapter contains relevant epidemiology, maps, histopathologic illustrations, improved laboratory tests and examples of modern diagnostic screening, enhanced by clinical photographs, parasitic life cycles, tables of clinical features and macro and microscopy causative agents and vectors. Useful for physicians, teachers and students of tropical medicine and parasitology.</p>	B/TMP

9.2 General surgery and critical care

	Order code
Anaesthesia at the District Hospital (2nd edition) MB Dobson (2000) This updated and revised edition reflects the changes over the last decade in clinical practice, equipment and drugs available, all which conform with WHO and UNICEF recommendations. Aimed at medical officers and non-specialist anaesthetists working in small hospitals with limited resources to help them provide safe and effective anaesthesia. Special consideration is given to paediatric and obstetric anaesthesia.	B/ADH
Bailey & Love's Short Practice of Surgery (24th edition) 2002 In this major edition, all sections have been revised and updated. Covers all branches of surgery. Useful book for all who study surgery from undergraduate medical students to those working for post graduate surgical examinations and also for practising surgeons.	B/BLSPS
Save Lives Save Limbs H Husum, M Gilbert & T Wisborg (2000) Practical handbook for healthworkers, medics, and medical teachers working to save lives and limbs in minefields and war zones. An invaluable resource for dealing with day to day emergencies.	B/SLSL

9.3 TB, HIV/AIDS and STD

	Order code
ABC of AIDS (5th edition) M Adler (2001) The new edition includes the latest information on epidemiology, psychosocial effects, palliative care, pain control. Patients also give an important insight into what it's like to have Aids and be HIV positive.	B/ABCAIDS
Clinical Tuberculosis (2nd edition) J Crofton, N Horne & F Miller (1998) A practical book for non-specialist doctors and health-workers in countries with a high prevalence of TB. Includes a section on HIV infection in relation to TB and an outline of the WHO 'DOTS' programme.	B/CT
HIV Health & Your Community: A Guide for Action R Granich & J Mermin (1999) Updated 2006. Comprehensive and easy to understand guide for health workers working with HIV in their communities whether rural or urban areas. Topics range from biology of the virus to designing prevention programmes and assisting people to change behaviour.	B/HIVH06

Women's health

9.4

	Order code
A Book for Midwives (2nd edition) S Klein (2007) A reference book on antenatal care, labour, birth and post-partum care. Includes sections on the complications of labour and birth and special procedures that midwives can learn. Aimed at carers from midwifery teachers and programme planners to community midwives and health workers. Uses clear, simple language.	B/BFM
Baillieres Midwives Dictionary (10th edition) D Tiran (2003) Revised and updated to include new words. The appendices also have new and up-dated information on immunization and vaccination schedule for children, nursing and midwifery council information, abbreviations and useful addresses and resources.	B/DMID
Myles Textbook for Midwives (14th edition) DM Fraser, M Cooper (2003) The leading textbook for midwives. Contains a new chapter on pharmacology and one on the dilemmas faced by potential parents in antenatal investigations and the challenges that adverse outcomes present to the midwife. More emphasis is placed on the puerperium presenting mother and midwife as partners in determining post-natal care.	B/MTM
Obstetrics Illustrated (6th edition) K Hanratty (2003) A fully illustrated account of modern obstetric practice for doctors, medical students and midwives. Revised edition.	B/OI

Newborn and child health

9.5

	Order code
International Child Health Care: a practical manual for hospitals worldwide D Southall, B Coulter, C Ronald, S Nicholson & S Parke (2002) This comprehensive text provides up-to-date acceptable standards of management in all the common childhood conditions, using minimum resources. It is written for paediatricians working in stressful, under-resourced conditions and also for those planning to work overseas.	B/ICHC
The Newborn Child (9th edition) P Johnston, K Flood, K Spinks (2007) Covers medical and nursing care of healthy, sick and malformed babies from conception to the end of the first month of life. Includes new material on nursing and midwifery, effective neonatal resuscitation and genetic disorders.	B/NC

9.6 Laboratory

	Order code
<p>District Laboratory Practice in Tropical Countries (Part 1) 2nd edition M Cheesbrough (2005)</p> <p>Aimed at those working in the district laboratory and those responsible for the organisation and management of community laboratory services and the training of district laboratory personnel.</p>	B/DLP1
<p>District Laboratory Practice in Tropical Countries (Part 2) 2nd edition. M Cheesbrough (2006)</p> <p>This book describes in practical detail microbiological, haematological, and blood transfusion techniques with, as in Part 1, an emphasis on the use of standard operating procedures, quality assurance and good laboratory practice. Focus is on infections prevalent in tropical countries, including HIV, TB, and dengue. It also describes procedures for blood collection, screening, grouping, storage and compatibility testing. We recommend Part 2 should be used together with Part 1.</p>	B/DLP2
<p>Selection of Basic Laboratory Equipment for Laboratories with Limited Resources WL Johns and ME El-Nageh (2000)</p> <p>This book provides a framework to help laboratory workers, supply officers and decision makers to choose and buy laboratory equipment and consumables. Includes information on maintenance and about energy requirements for laboratory equipment. Quick reference buyer's guides and equipment data specification sheets provide easy reference to buying information and makes the buying process easier. Framework can be adapted to guide general equipment purchasing.</p>	B/SBLE

9.7 Community and urban health

	Order code
<p>Hygiene Promotion: A Practical Manual for Relief and Development (2nd edition) S Ferron, J Morgan & M O'Reilly (2007)</p> <p>Written for fieldworkers aiming to reduce the incidence of water - and sanitation - related diseases in relief and rehabilitation programmes. Also useful for other development workers, particularly those working in the fields of community development, health and engineering.</p>	B/HP
<p>Setting up Community Health Programmes (3rd edition) T Lankester (2007)</p> <p>Detailed yet simple manual designed to equip and empower health workers. This edition is widely revised and is designed for a wide range of health workers including field staff, nurses, doctors and programme managers. Also valuable reading for students, administrators and planners involved in this area of health care.</p>	B/SCHP

	Order code
<p>Urban Health & Development: A Practical Manual for use in Developing Countries</p> <p>B Booth, K Martin & T Lankester (2001)</p> <p>This practical manual is designed for those working with the urban poor, particularly front line and development workers. Topics include gathering resources, training a team, working in partnership, empowering community health volunteers, and management and ways of making a health programme sustainable.</p>	B/UH
<p>Vector Control: Methods for use by Individuals and Community</p> <p>J A Rozendaal (1997) WHO</p> <p>Provides practical information on all major disease vectors and pests, and on effective control methods suitable for rural and urban environments. Intended for health workers and auxiliary staff as well as health planners and aid organisations.</p>	EI409L
<p>Where There is No Dentist</p> <p>M Dickson (2006)</p> <p>Shows how to diagnose and treat dental problems and suggests ways to work for better dental health in the community. Companion to 'Where there is No Doctor'.</p>	B/WTNDN06
<p>Where There is No Doctor (International)</p> <p>D Werner (2004)</p> <p>Highly practical health care manual providing easy to understand information on how to diagnose, treat and prevent common diseases. Suitable for health and non-health workers.</p>	B/WTNDINT
<p>Where There is No Doctor (African)</p>	B/WTNDAF
<p>Where Women Have No Doctor</p> <p>A Burns, R Lovich, J Maxwell & K Shapiro (1997)</p> <p>A health guide for women and girls to help them identify common medical problems and treatments. Covers sexual health, major diseases, pregnancy and childbirth, nutrition, disabilities, injuries and mental health. Uses clear simple language and illustrated with drawings.</p>	B/WWHND
<p>Where There is No Vet</p> <p>B Forse (1999)</p> <p>Explains in simple words and drawings the diagnosis and treatment of animal illness. Aims to help people keep healthy animals, and covers a wide range of topics that affect the health of livestock.</p>	B/WTNV

9.8 Drug information

	Order code
<p>BNF (British National Formulary)</p> <p>Special low cost BNF for developing countries only. Provides up to date information and guidelines for selecting and prescribing medicines including side effects, dosages and costs. All drugs available in UK are listed including many used for tropical diseases. 2 revised editions per year.</p>	B/BNF
<p>Martindale: The Complete Drug Reference (34th edition)</p> <p>Royal Pharmaceutical Society</p> <p>An invaluable resource providing health professionals with succinct, authoritative and evaluated information on medicines used worldwide. New for the 34th edition: over 175 new drugs, chapters rearranged to reflect current therapeutic and ATC classification codes added to drug monographs. A CD-Rom version is also available, please ask for details.</p>	EI060L

9.9 Equipment issues

	Order code
<p>Practical Steps for Developing Health Care Technology Policy</p> <p>C Temple-Bird (2000)</p> <p>Practical step by step guide for developing equipment policy. This manual targets policy makers and health service managers responsible for procuring, running and maintaining the many different types of equipment falling under the umbrella term 'health care technology'.</p>	EI475P
<p>Maintenance and Repair of Laboratory, Diagnostic Imaging, and Hospital Equipment</p> <p>WHO (1994)</p> <p>A practical manual for the maintenance and repair of essential laboratory and hospital equipment. Intended for use in settings that do not have specially trained technicians or engineers. The guide uses line drawings and numerous checklists for inspection and cleaning, good working practice, routine operation and maintenance.</p>	EI410L

Health care services: management, training and technical

9.10

	Order code
<p>Diagnosis and Treatment - A training manual for primary health care workers. K Birrell & G Birrell (2000) Based on successful training courses developed by Voluntary Service Overseas doctors and health workers. Aimed at all health workers who see patients in a primary care setting. Teaches how to diagnose and treat the most common illnesses that are present at rural and urban health centres and deliver good patient care with scarce resources.</p>	B/DT
<p>District Health Facilities: Guidelines for Development and Operations. WHO Regional Publications: Western Pacific Series No.22 (1998) This revised and expanded book is intended as a guide. Contains information covering all district health facilities, ranging from the role and functions of district hospitals and peripheral health facilities to planning, design and construction. Topics that are important, such as sanitation and waste management, emergencies and disasters, medical equipment and procurement of essential drugs have been included.</p>	EI412L
<p>Chemical Disinfection in Hospitals (2nd edition) G Ayliffe, D Coates & PN Hoffmann (1993) This book is a guide to disinfection in hospitals and laboratories. Covers principals, properties and the safety of chemical disinfection and disinfectants. There are chapters on disinfection policy and cleaning, and disinfection of the environment, skin and medical equipment including endoscope disinfection.</p>	EI477P
<p>Helping Health Workers Learn. D Werner & B Bower (1982) Describes how to teach village health workers. Aimed at instructors who have had little formal education.</p>	B/HHWL
<p>On Being in Charge: A Guide to Management in Primary Health Care (2nd edition) R McMahon, E Barton & M Piot (1992) This practical manual serves both as a training guide and as a reference to improve the skills of district level health service managers.</p>	EI411L
<p>Safe Management of Wastes from Health-Care Activities A Pruss, E Giroult & P Rushbrook (1999) Comprehensive and practical guide covering all aspects of the management of health care waste from needles to radioactive isotopes. The book defines waste categories and characteristics, describes the planning needed, collection, segregation, storage, transport, and disposal of waste. There is also a chapter on training and a section on simple and safe waste management techniques for emergencies and small rural facilities.</p>	EI478P

9.11 Free publications

Can be downloaded from the internet (see details below) or ordered from Durbin at £2.50 per copy.	Order code
<p>HIV Testing: a practical approach Healthlink (1999)</p> <p>This briefing paper contains practical information on HIV testing and counselling services. It is aimed at health workers, policy makers and planners who provide counselling and testing services in developing countries. www.aidsaction.info/ht/</p>	EI421L
<p>Strengthening TB treatments: How to implement Healthlink (2001)</p> <p>This 8 page guide is designed to give a basic overview of DOTS strategy, including the people who are involved and the resources that are needed to set up a successful programme.</p>	EI425L
<p>Drug Donation Guidelines (2nd edition) WHO/Interagency Guidelines (1999)</p> <p>Discusses the need for good donation practices. Presents 4 core principles and 12 practical guidelines for drug donations. The guidelines cover issues such as selection, quality and expiry dates. Suitable for adaption and use by both donors and recipients at all levels from national to community. www.who.int/hac/techguidance/guidelines_for_drug_donations.pdf</p>	EI422L
<p>Guidelines on Medical Donation Healthcare - WHO (2000)</p> <p>A practical guide for those accepting and making equipment donations. It is also useful for those planning to buy equipment in general. www.who.int/entity/hac/techguidance/pht/1_equipment%20donationbulletin82WHO.pdf</p>	EI423L
<p>The De Montfort Incinerator plans (DMU incinerator plans)</p> <p>The range of DMU incinerators, developed for use by rural PHC facilities, are designed to be constructed on site using local materials (fire bricks must be available). Plans cover building, operation and maintenance. DMU incinerators are low cost energy efficient models (see information sheet in this section). Capacity is between 7 - 13kg of mixed waste per hour (Mark 1 model) and 50 - 100kg per hour (Mark 3 model). Please note: Safe and successful use of the incinerator depends on building, operation and maintenance standards. Durbin can bear no responsibility for mishaps to staff or inadequate technical performance. www.mw-incinerator.info</p>	EQ283S
<p>Practical Pharmacy Pack G Stock (2000)</p> <p>Discontinued quarterly practical pharmacy newsletters gathered into a practical pharmacy set (issues 1-15). Promotes the safe and rational use of drugs by providing appropriate information designed to increase knowledge and understanding of drug management and supply and work practice. For healthworkers who have no specific training in this area of work, but whose job involves the supply and management of drugs, the pack covers topics such as selection, storage and dispensing of drugs to drug donations.</p>	EI424L

Teaching aids

9.12

Order code

Picture cards: TB - A Global Emergency

X/TBGE

This package provides an excellent introduction to the statistics, trends and effective control measures in TB (12 sheets).

Charts and models

9.13

Order code

Teaching Charts

EI002LV

Large range of teaching charts available from anatomical and functions of the human body (e.g. skeleton & muscles, respiratory, sexual/reproductive, pregnancy & childbirth) to general diseases. Charts available on heavy duty paper or plasticised, laminated, mounted, wall hanging etc. Please state exact subject and requirement.

Teaching Models

EI035LV

Large range of models from anatomical to health education (e.g. skeletons, joints mannequins, simulators, catheterisation etc.) Available as articulated or fixed. Please state exact subject and requirements.

Birth model

EI05601L

Comprising life size pelvis with vertebrae, disc and coccyx, foetal doll, cord and placenta. Ideal for teaching all aspects of the birth process.